



FED[®] WEEKLY SUPPORT GROUP

(FRIENDS AND FAMILY OF THOSE WITH EATING DISORDERS)

FRIDAYS AT 12:30 PM • FREE

COME LEARN:

What is an eating disorder and what makes people prone to them? How to tell the difference between dieting/disordered eating/preoccupation with body image vs. more serious issues. How to address concerns about eating disorders with your loved one. How to more effectively communicate about the disordered behavior. What is the difference between support and enabling? What to say and do/what not to say and do when supporting someone with an eating disorder. How to set appropriate boundaries. How do I stay sane and healthy when a loved one is struggling with an eating disorder? How/when to get help...next steps. How to find additional resources in the community.

WHAT IS FED?

FED (Friends and Family of those with Eating Disorders) is a support group designed to provide education, resources, and emotional support to those in relationships with people diagnosed with or exhibiting signs of anorexia, bulimia, and/or binge eating. The group is appropriate for loved ones and support people of those at any stage of an eating disorder... even if there are only early warning signs. Two seasoned clinicians and eating disorder program directors with over 20 years of experience in this specialty facilitate this FREE community support group.

Please call before attending (and/or to ask any questions):

Ephrat L. Lipton (404) 202-0932 or

Dr. Anne Moore (404) 277-7992



EPHRAT LIPTON, LCSW



ANNE MOORE, PsyD

Ephrat L. Lipton, LCSW and Anne Moore, PsyD are psychotherapists specializing in eating disorders for the past 20 years. They have both been program directors of eating disorder treatment facilities and work collaboratively with psychiatrists, physicians, dieticians, and other therapists in the community as part of a private practice treatment team. Ephrat Lipton is co-owner of Atlanta Center for Wellness, LLC, a group private practice with a multidisciplinary team. Dr. Anne Moore is the program director of Center for Discovery Atlanta, a 6 bed ED specialty treatment house for ages 9-19.



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