



VISIONS ANEW DIVORCE SUPPORT GROUP

First and third Monday of the month

7:30-8:30 • Ongoing

FREE

Divorce can feel like you're traveling down a dark tunnel while juggling many balls in the air. It's usually very painful, frustrating, confusing and wrought with uncertainties. No matter where you are in the process, it's easy to feel like you're all alone. Support, information and connection are very important to find the courage to go forward, and enhance your ability to move through the divorce process and recover well.

Visions Anew divorce support can help those feelings of isolation and insanity melt as others share similar concerns, experiences and perspectives while you transition toward new opportunities and empowerment.

For more information, please contact Annie Garry at: (770) 598- 0496 or at anniegarry@gmail.com



**ANNIE GARRY
MSW, LCSW, CCTP**

Annie M. Garry is a Psychotherapist and a Certified Clinical Trauma Professional. She has 30 years of varied experience prior to establishing a private practice in 2001. Annie is an integrative, collaborative therapist who works with individuals, couples, families and groups. Her areas of expertise include anxiety, depression, relational strife, trauma, LGBTQ issues, addiction and ED recovery, coping with special needs, divorce and parenting. She is continuing the Visions Anew mission of offering support, guidance and education to women navigating the divorce process. Annie is passionate about her profession and recently finished her term as President with the Georgia Society for Clinical Social Work. Additionally, she provides consultation and therapy to new and seasoned mental health clinicians.



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