



ENNEAESSENTIALS: A MAKE & TAKE WORKSHOP

Saturday, March 24th, 2018 • 9am - 2pm

\$100 + \$25 Supply Fee

Join us as we explore how Essential Oils along with the Enneagram can support our journey toward Physical, Emotional and Spiritual Growth.

In this workshop we will:

Learn about the gifts & blindspots of each Center & which oils will help balance them - The Body, The Heart & The Head. We will make aromatic inhalers to support each center.

Create custom blends to support the Essential Qualities of your specific Enneagram Type as you learn about the gifts & stumbling blocks of each Type.

Experience a meditation using Essential Oils to enhance & integrate the process.

Leave with a basic understanding of how to create unique blends, where to find supplies to create your own blends at home and enough goodies to continue your "EnneaEssential" Journey.

*No prior knowledge of the Enneagram or Essential Oils are needed to participate in this workshop.

(Oils and Materials included in fee. Group Size will be limited to 15.)

** EnneaEssentials -developed by Nan Henson, certified Riso-Hudson Enneagram Professional & Aromatherapist & Kathleen Davis, certified Aromatherapist, is a unique pairing of the Wisdom of the Enneagram with the Wisdom of Essential Oils to enhance Presence & Individual spiritual growth.

Register at: www.EnneagramAtlanta/EnneaEssentials

**For more information, please contact Nan Henson at:
(404)931-6321 or Nan@EnneagramAtlanta.com**



NAN HENSON

Nan Henson is in practice as an Enneagram Coach at EnneagramAtlanta and Atlanta Center for Wellness. She is an International Enneagram Association Accredited Professional and a Riso-Hudson Certified Teacher and Authorized Workshop Leader. She is a founding board member of IEA Georgia. She received her training at the Enneagram Institute in Stone Ridge, NY.

Nan uses the Enneagram to work with Individuals, Couples, Churches and Organizations. A certified Aromatherapist through the Heal Center in Atlanta, Georgia, Nan uses Essential Oils for therapeutic and emotional and spiritual support. She has co-developed EnneaEssentials©, a process combining the wisdom of the Enneagram with the wisdom of Essential Oils.



6100 LAKE FORREST DRIVE, STE. 450
ATLANTA, GA 30328
FAX (404) 549-9316
ATLANTACENTERFORWELLNESS.COM