



POSITIVE PARENTING

Fridays
10:30 am - 11:30 am

\$25 per session

Positive parenting is based on the concepts of Positive Discipline by Jane Nelsen. This approach allows parents to understand the feelings behind their children's behavior to create kind and firm responses that encourage healthy growth.

This 8-week parenting program will help you to:

- Regain control as a parent in a respectful manner
- Help your child develop self-control and gain self awareness
 - Effectively discipline & limit inappropriate behavior
- Understand your child and find healthy ways to empower
 - Communicate your message of love

For more information, please contact Karen Kallis at 404-423-1087 or kckallis@comcast.net



KAREN KALLIS
M.Ed., LPC, NCC, RPT

Karen Kallis is a Licensed Professional Counselor, a Registered Play Therapist, and a Certified Positive Discipline educator for children, adolescents, and families. She specializes in play therapy, childhood social and behavior issues, grief and loss, depression, anger, and anxiety in children and adolescents. She works closely with parents teaching effective strategies and providing resources that are practical and logical. Her work includes over twelve years of counseling experience in private practice, schools, and churches with diverse needs. Karen has led numerous parenting workshops and growth groups for children and teenagers. Additionally, she has consulted with schools on children's developmental needs and creative ways to approach relationships using Positive Discipline methods.



6100 LAKE FORREST DRIVE, STE. 450
ATLANTA, GA 30328
FAX (404) 549-9316
ATLANTACENTERFORWELLNESS.COM