

CONTINUING CARE & RECOVERY SUPPORT SERVICES

\$85 per Virtual Session (50 min.)
*Virtual & In-Person Packages are available

Studies have shown that individuals who continue to work on their recovery after treatment are far more likely to succeed than those who do nothing. Outcome studies reveal a direct correlation between a full continuum of care and long-term recovery.

Atlanta Center for Wellness is pleased to offer recovery coaching services for adult men and women who are actively seeking recovery from substance use disorder, eating disorders, anxiety and/or depression. A certified recovery coach guides individuals through real-life challenges and transitions.

Together, the Coach and Client create a plan of action that includes comprehensive support, structure and accountability, thus setting him or her up for long-term success.

For more information about our Continuing Care and Recovery Support Services, please call/text 678-851-3314 or email Alison@TheRecoveryCoachATL.com.



ALISON BRODERICK NCRC-II, CPS-AD

Alison Broderick, NCRC-II, CPS-AD, is a Nationally Certified Recovery Coach-Level II (NCRC-II); a Georgia Certified Peer Specialist - Addictive Diseases (CPS-AD); and the founder/ owner of The Recovery Coach, LLC. She is professionally trained in working with individuals who are actively seeking recovery from addiction, eating disorders, anxiety and/or depression. Her person-centered approach puts the client in the driver's seat of his or her own recovery. Alison empowers, encourages and guides individuals along a path that supports their healing journey. Her strengths-based style of coaching fosters healthy change and shows individuals what real life looks like in recovery. Says Alison, "My role as a peer support specialist is to demonstrate how and when to use the tools of recovery. The best news of all is that we do recover."



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