



ANAD EATING DISORDER SUPPORT GROUP

Wednesdays 6:15-7:15 PM, ongoing

Atlanta Center for Wellness Conference Room

FREE

Constantly thinking about food, weight, and body image...?

- Are you always dissatisfied with your body?
- Do you ever deny or hide your eating behavior?
 - Do you compulsively exercise?
- Do you ever vomit after a meal to "control" your weight?
 - Do you binge or emotionally eat?
- Are you counting calories, fat grams, preoccupied with numbers, and the size of your clothes?
- Do you have a friend or family member who needs help but you're not sure what to do?
 - Are you tired of living this way and ready to learn new ways to cope with your life?

**For more information, please contact us at:
(404) 343-4162 or admin@atlantacenterforwellness.com**



VERONICA HUTTMAN, APC

Veronica Huttman, APC, is a psychotherapist with years of experience specializing in the treatment of eating disorders with individuals, families, and groups. She has worked with all levels of care at national treatment centers for eating disorders, as well as worked with outpatients at facilities and in private practice. She maintains an active practice at Atlanta Center for Wellness under the direction of Ephrat Lipton, LCSW, where she works collaboratively with eating disorder specialty dietitians, psychiatrists, and other therapists, as part of a treatment team. She has developed a specialty in assessment of eating disorder level of care. Veronica has devoted her career to working with those impacted by disordered eating and related disorders through compassionate collaborative care.



6100 LAKE FORREST DRIVE, STE. 450
ATLANTA, GA 30328

(P) 404.343.4162 • (F) 404.549.9316
ATLANTACENTERFORWELLNESS.COM
ADMIN@ATLANTACENTERFORWELLNESS.COM