



ANAD EATING DISORDER SUPPORT GROUP

Wednesdays 6:15-7:15 PM, ongoing

Atlanta Center for Wellness Conference Room

FREE

Constantly thinking about food, weight, and body image...?

- Are you always dissatisfied with your body?
- Do you ever deny or hide your eating behavior?
 - Do you compulsively exercise?
- Do you ever vomit after a meal to "control" your weight?
 - Do you binge or emotionally eat?
- Are you counting calories, fat grams, preoccupied with numbers, and the size of your clothes?
- Do you have a friend or family member who needs help but you're not sure what to do?
 - Are you tired of living this way and ready to learn new ways to cope with your life?

**For more information, please contact us at:
(404) 343-4162 or admin@atlantacenterforwellness.com**



JOEY PULLEY, MS, LPC, NBCC



VERONICA HUTTMAN, MS, LPC, NCC, CRC



RACHEL FITZGERALD, LPC, NCC

Joey Pulley, Veronica Huttman, and Rachel FitzGerald are all seasoned eating disorder specialty clinicians with experience at four local and national eating disorder treatment centers, where they have served as individual, group, and family therapists, intake coordinator, and associate clinical director. Joey, co-founder of Atlanta Center for Wellness, has run this ANAD chapter since 1997. Joey, Veronica and Rachel each bring their own style and unique approach to eating disorder treatment and are passionate about supporting those who seek and desire recovery from all forms of eating disorders. They all maintain private practices at Atlanta Center for Wellness. They will regularly co-lead this ANAD group together, although there will be times that they lead the group alone or in pairs.

We are pleased to announce that ANAD group will be led in person at this time in the large conference room at Atlanta Center for Wellness.



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