

PRESENCE WITH A PURPOSE

Thursdays 4:15-5:15pm \$75 per group

Presence with a Purpose is designed to encourage participants to question themselves with curiosity and without judgment beyond who they are with their eating disorder. While identifying the function of the eating disorder may be important- it is imperative that individuals begin to reclaim and strengthen their identity outside of the borders of the eating disorder. The group will support participants in self exploration as well as goal setting while determining specific direction steps they can take on their journey towards recovery.

For more information, please contact Kim Frey at 404-343-4162 or email Admin@atlantacenterforwellness.com.

Please go to www.atlantacenterforwellness.com to register and for a comprehensive description of this and other groups on the COPE™ schedule



ANNE MOORE, Psy.D.

Dr. Moore has a 25+ year history of working with individuals who struggle with eating disorders. She has experience working with and directing treatment programs at all levels of care including outpatient, partial hospitalization, intensive outpatient, and residential treatment.



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