



# MASSAGE THERAPY

**Monday-Sunday, 8am-8pm,  
by appointment**

**50 minutes: \$120**

**80 minutes: \$170**

**110 minutes: \$220**

Ease muscle tension and  
elevate your mood with massage!

I specialize in Integrative Massage that uses multiple techniques for relaxation and working out adhesions. Depending on the client and the goal of the massage, the pace can be very slow, with fluid strokes. This kind of massage "talks" to the nervous system, slowing it down, relaxing and releasing tension and stress.

Come in for a massage and  
get a refresh and reset!

**For more information, please contact  
Melissa Vojta at 770-778-3475 or email  
redazalea@hotmail.com**



**Melissa Vojta  
LMT, OT, MHSOT,  
MT#012221**

I practice integrated massage, utilizing Swedish, Deep Tissue, Myofascial Release, Acupressure, Reflexology and Assisted Stretching. Massage with a healing intention, an atmosphere of trust and communication, and a therapeutic relationship promotes deep relaxation and restoration of the mind-body connection. It's an honor and a joy to get to practice massage therapy and work with clients in this way.

I have also been an occupational therapist for a decade. I've worked with patients with a variety of physical and mental health ailments. My experience with different diagnoses and the healing process enables me to customize massage to each client's needs. I look forward to working with you.



6100 LAKE FORREST DRIVE, STE. 450

ATLANTA, GA 30328

(404) 343-4162

ATLANTACENTERFORWELLNESS.COM

ADMIN@ATLANTACENTERFORWELLNESS.COM