

Comprehensive Outpatient Program for Eating Disorders at AC4W

## ANAD EATING DISORDER SUPPORT GROUP

Wednesdays 6:15-7:15 PM, ongoing
Atlanta Center for Wellness Conference Room
FREE

Constantly thinking about food, weight, and body image...?

- Are you always dissatisfied with your body?
- Do you ever deny or hide your eating behavior?
  - Do you compulsively exercise?
- Do you ever vomit after a meal to "control" your weight?
  - Do you binge or emotionally eat?
- Are you counting calories, fat grams, preoccupied with numbers, and the size of your clothes?
- Do you have a friend or family member who needs help but you're not sure what to do?
  - Are you tired of living this way and ready to learn new ways to cope with your life?

For more information, please contact us at: (404) 343-4162 or admin@atlantacenterforwellness.com



## Joey Pulley MS, LPC, NBCC

Joey Pulley is a licensed professional counselor treating adolescents and adults in individuals, couples, family and group therapies for over 25 years. She has worked in outpatient, partial, and inpatient settings. Her clinical specialties include eating disorders, depression, anxiety and trauma

Joey is co-owner of Atlanta Center for Wellness, LLC, a group private practice with a multi-disciplinary team. Joey has a passion for those bravely working towards or maintaining recovery from eating disorders and has been facilitating ANAD meetings since 1996.



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