



PRESENCE WITH A PURPOSE

TUESDAYS | 4:15PM-5:15PM

\$75 PER GROUP

Presence with a Purpose aims to inspire participants to explore their identity beyond their eating disorder, fostering self-inquiry with curiosity and compassion. While recognizing the role of the eating disorder is significant, it is crucial that individuals begin to rediscover and reinforce their sense of self outside its confines. Offered as part of the Comprehensive Outpatient Program for Eating Disorders (COPE™) at Atlanta Center for Wellness, this group supports participants in self-reflection and goal setting, helping them take concrete steps on their path toward recovery.

**For more information, please contact Kim Frey:
[404-343-4162](tel:404-343-4162) or admin@atlantacenterforwellness.com**

For registration information and a detailed overview of this and other COPE groups, please visit www.atlantacenterforwellness.com/cope.



TAYLOR TRUSSELL, LPC

Licensed in the state of Georgia and Florida, Taylor Trussell, LPC, specializes in treating adults and adolescents who are struggling with eating disorders, trauma, spectrum-related issues, and men's issues. Prior to entering private practice, Taylor directed Walden Behavioral Care's eating disorder intensive outpatient and partial hospitalization programs, where he worked with adolescents, families, and adults. Taylor is trained in Family-Based Treatment (FBT) for adolescents with eating disorders, as well as Cognitive Behavioral Therapy for ARFID (CBT-AR), Dialectical Behavior Therapy (DBT), and Acceptance and Commitment Therapy (ACT).



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