



GROUP THERAPY

with Leah Weingast, MA, LMSW

Leah Weingast, MA, LMSW, a licensed master social worker, holds a master's degree in clinical psychology with a focus on emotion regulation. Her therapeutic approach integrates evidence-based and holistic methods to provide clients with a comprehensive toolkit for healing. Leah specializes in mood and anxiety disorders, borderline personality disorder (BPD), LGBTQIA+ identity, Post-Traumatic Stress Disorder (PTSD), and neurodiversity.



Join one of our specialty groups, led by Leah Weingast, and receive support, make meaningful connections, and learn healthy coping skills.



EMERGING ADULTS

Navigating the transition to adulthood with clarity and confidence.

TEENS

Building resilience, social connection, and coping skills in a nonjudgmental environment.



GENDER-SPECIFIC

A safe space to process your experiences and develop skills with individuals who share your gender identity.



LGBTQ+ TEENS

Fostering a supportive community for queer and questioning teens to connect.



DBT SKILLS

Mastering coping skills to enhance mindfulness, manage stress, regulate emotions, and improve relationships.

TO JOIN A GROUP OR BE PLACED ON THE INTEREST LIST, PLEASE REACH OUT TO LEAH WEINGAST TODAY.

470.737.0875 | weingastleah@gmail.com | www.atlantacenterforwellness.com