



Comprehensive Outpatient Program for Eating Disorders at AC4W

Teen Summer Support Group: Healing from Eating Disorders

WEDNESDAYS | 4:30PM-5:45PM

June-August 2025

\$95 per group session*

(*\$140 virtual intake)

Facilitated by Ginair Goodwin McKerrow, LCSW, this seasonal support group offers a safe and encouraging space for teens to pursue recovery from eating disorders. Running from June through August, the group is designed to foster connection, accountability, and emotional growth.

Each 75-minute group session includes:

- Weekly check-ins to promote accountability
- Group discussion and peer support
- Psychoeducation on recovery-related topics
- Collaborative goal setting for weekly progress

Throughout the summer, participants will build self-awareness, strengthen coping skills, and develop a more compassionate inner voice, helping them challenge eating disorder thoughts and take steps toward lasting change.

To register or inquire, please contact Ginair:
[404.343.4162](tel:404.343.4162) or ginairLCSW@gmail.com



Ginair Goodwin McKerrow
MSW, LCSW

Ginair Goodwin McKerrow is an experienced and compassionate licensed psychotherapist specializing in treating eating disorders, body image issues, anxiety, mood disorders, and women's issues. In June 2017, she co-founded Atlanta Center for Wellness — a collaborative, integrative, mental health outpatient practice.

With over 20 years of experience, Ginair has worked with individuals, couples, and families in both inpatient psychiatric hospitals and her private practice. Ginair's warm, empathic approach to therapy, helps clients feel more at ease in the therapeutic process.



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